

# "Early birds" vary quite a bit: Individual differences in metaphor comprehension in preschoolers

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#### INTRODUCTION & AIMS

Children deal with metaphors on a daily basis, yet the developmental trajectories of metaphorical understanding are still a matter of debate. Some authors claim that a full understanding of metaphors occurs no earlier than adolescence (Winner et al., 1976), while others argue that children can understand metaphors starting from the age of 3 when tested with age-appropriate tasks (Pouscoulous & Tomasello, 2020). Furthermore, metaphorical expressions may vary in terms of familiarity, structural complexity, as well as **mentalistic content**. Delving into the

latter difference, Lecce and colleagues (2019) created the **Physical and Mental Metaphors task (PMM)**, a novel tool for assessing the understanding of physical and mental metaphors through verbal explanation. In this study we implemented the **multiple-choice** version of the PMM task to a) investigate **developmental differences** in metaphor understanding in preschoolers and b) disentangle the contribution of **Theory of Mind** along with the role of vocabulary in the understanding of physical and mental metaphors.

## METHODS

- **Sample**: 246 children, aged between 4 and 6 years. 175 children (4 years=58; 5 years=78; 6 years=39) met the inclusion criteria: having both Italian native-speaker parents; no diagnosis of developmental disorder.
- Assessment:
  - Vocabulary skills (Peabody);
  - Theory of Mind (1<sup>st</sup> Order False Belief Task; FB);
  - > Metaphor understanding (Multiple-choice PMM):

The multiple-choice sentence-picture matching version of PMM task includes **10 orally-presented items**, 5 physical and 5 mental metaphors. Three options are presented for each item: a) literal; b) metaphorical; and c) non-related, each accompanied by a picture (*Fig.1*). For physical metaphors, all options capitalized on physical features, while for mental metaphors, all options capitalized on mental ones. This solution allowed to investigate children's metaphor understanding distinguishing between a purely pragmatic inference and a pragmatic inference with an extra ToM load. **Accuracy** in the multiple-choice PMM was coded as **0-1** (DV), with 1 representing the metaphorical response and 0 the literal and the unrelated ones.





a) She likes cold things	b) She is strict	c) She is singing

**Figure 1** Example of item of the multiple-choice PMM

	β	SE	Z	p		Metap
(Intercept)	-0.24	0.20	-1.21	.225		Vocat
Metaphor Type (Mental vs Physical)	-0.87	0.39	-2.21	.027	*	Menta
Age Groups (5 vs 4)	-0.14	0.12	-1.21	.227		Physic
Age Groups (6 vs 5)	0.51	0.13	3.78	.000	***	Table
Vocabulary	0.09	0.05	1.66	.097		Simp
ТоМ	0.07	0.06	1.15	.251		Accu
Metaphor Type (Mental vs Physical) : Age Groups (5 vs 4)	-0.24	0.23	-1.02	.308		inclue
Metaphor Type (Mental vs	-0.26	0.27	-0.96	.335		
Physical) : Age Groups (6 vs 5) Metaphor Type (Mental vs	-0.28	0.11	-2.54	.011	*	Metar ToM Menta
Physical) : Peabody	0.00	0.40	4.00	0.4.0	*	Menta
Metaphor Type (Mental vs Physical) : False Belief	0.23	0.12	1.98	.048		Physic
Note: Signif. codes: 0 '***' 0.00	1 '**' 0.01 ''	" 0.05 '.'	0.1 ' ' 1			Table
<b>Table 1</b> Summary of the fixed effec	ts of the	Genera	lized Li	near N	Aixed	Simp Phys

Summary	of th	he f	fixed	effects	of the	Generali	zed	Linear	Mixed
Model on J	Accu	irac	y of tl	he multi	ple-cho	bice PMM			

Metaphor Type : Vocabulary	β	SE	Z	p
Mental	-0.05	0.08	-0.61	.543
Physical	0.23	0.07	3.06	.002
Table 2Simple effects of vocaAccuracy ofPhysicincluded in the multiple	al and	Men	tal me	• •
included in the multip	le-choi	ce PN	1M	
Metaphor Type : ToM	le-choi β	ce PN	1M 	p
Metaphor Type :			Z	<b>p</b> .032

#### able 3

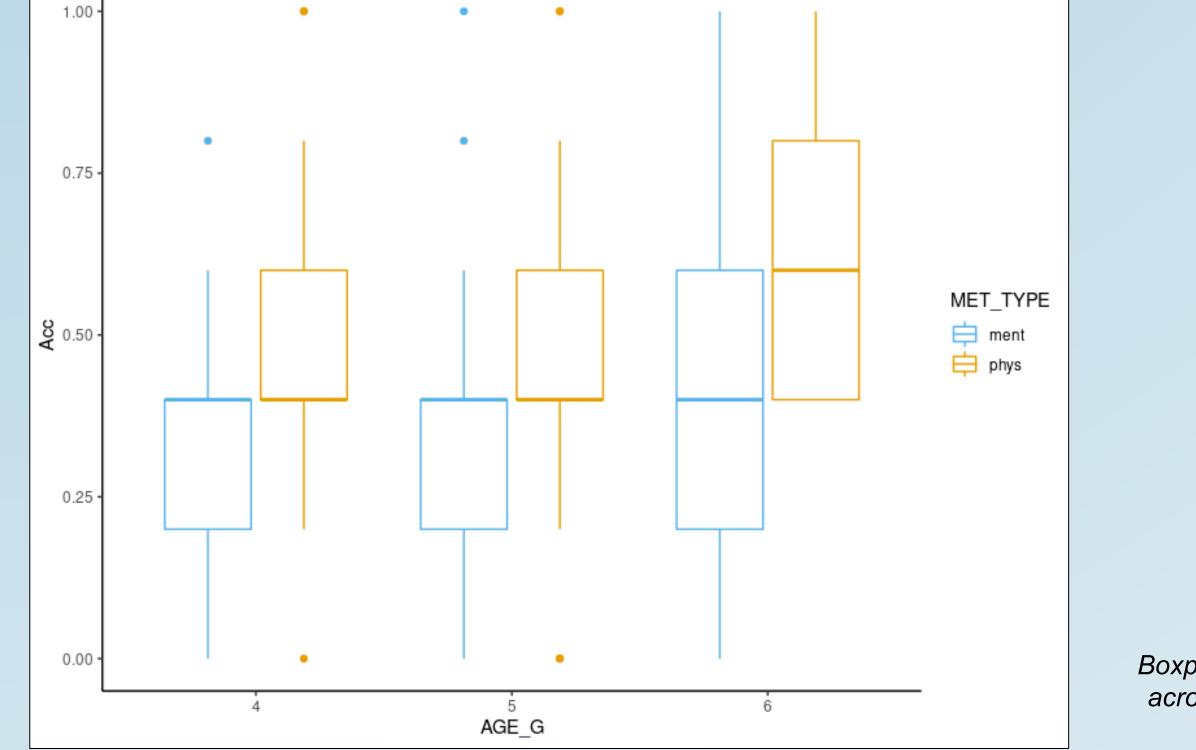
Simple effects of ToM skills (FB) on Accuracy of Physical and Mental metaphors included in the multiple-choice PMM

#### **DISCUSSION & CONCLUSIONS**

### RESULTS

- Children showed lower accuracy in mental metaphors (*p*=.027).
- 6-year-old children performed significantly better than 5-year-olds (p<.001). (*Fig. 2*; *Tab. 1*).
- We observed two interactions involving **Metaphor Type**:
  - Vocabulary has a positive effect on Physical (but not Mental) metaphors (*Tab. 2*).
  - ToM has a positive effect on Mental (but not Physical) metaphors (*Tab. 3*).
- Between the ages of 5 and 6, there is a marked improvement in accuracy, which reveals that this period is crucial for the development of metaphor skills. This "jump" seems to be driven by an increase of accuracy in physical metaphors, although the improvement is general.
- Mental metaphors are more challenging for preschoolers possibly because they require not just a pure pragmatic inference but also an extra ToM load.
- The role of individual differences varies depending on the metaphor type: as vocabulary skills increase, the ability to understand physical metaphors increases, whereas for mental metaphors ToM skills play a major role.

Children are, therefore, very early in **detecting the type of metaphor** and in understanding **which skills to capitalize upon**.



**Figure 2** Boxplot of performance across Age Groups for Metaphor Type







**1.** Winner et al. (1976). Dev Psychol. 12(4):289-297. **2**. Pouscoulous & Tomasello (2020). J Pragmat. 156:160-167. **3.** Lecce et al. (2019). J Child Lang. 46(2):393-407.